



SOUTHEAST RECREATIONAL
THERAPY SYMPOSIUM

March 26 – 27, 2026
Virginia Beach, VA

*“Inter-Professional Collaboration
Throughout the Lifespan”*

*New Day &
A Half
Schedule*

Session Sneak Peek

Trauma Informed Recreational
Therapy and the NADA Protocol
Kari Decker

Beyond Recreation:
Strengthening Therapeutic
Impact Through Competency
and Collaboration
Laura Kelly

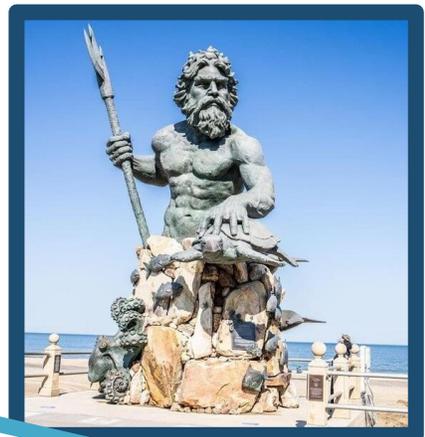
Keeping It Interesting: How to keep Community
TR Programs fresh, focused and FUN!
Melody Beck

The Role of Martial Arts in Supporting
Neurodivergent Clients: Applications for
Recreational Therapists
Sarah Hooker & Shelly Beaver



The Role of Recreational Therapy in
Community-Based TBI Rehabilitation
Laura Holmes

Earn up to 1.0
CEU's &
network with
RT's from
across the
Southeast



Interprofessional Collaboration Between
Recreational Therapy and Speech-
Language Pathology to Support Social
Interaction and Engagement Needs
of Adolescents and Young Adults
with Disabilities
Kristen Fedesco & Joan Esse Wilson

Gettin' Groovy with Recreational
Therapy: The Development and
Implementation of a Seated Dance
Group in Physical Rehab
Olivia Cheskey & Sarah-May Brooks